



HORARIOS

| | LUNES | MARTES | MIÉRCOLES | JUEVES | VIERNES | SÁBADO | DOMINGO | |
|---------|--------------|-----------------|-------------------|------------|------------|------------|---------|---------|
| AM 6:00 | | | | | | | | AM 6:00 |
| 6:30 | | | | | | | | 6:30 |
| 7:00 | | | | | | | | 7:00 |
| 7:30 | | | | | | | | 7:30 |
| 8:00 | VINYASA YOGA | BREAK BEAT | BREAK BEAT LATINO | SASSY SASS | HATHA YOGA | | | 8:00 |
| 8:30 | | | | | | | | 8:30 |
| 9:00 | BELLY DANCE | SCULPT | BOSU EXTREMO | TOWELS | BREAK BEAT | BREAK BEAT | | 9:00 |
| 9:30 | | | GAP | | | | | 9:30 |
| 10:00 | | | | | | HI LOW | | 10:00 |
| 10:30 | | | | | | | | 10:30 |
| PM 4:00 | MMA FIT | MX BOX & DRILLS | SCULPT | | | | | PM 4:00 |
| 4:30 | BOSU EXTREMO | ABS DE ACERO | MMA FIT | | | | | 4:30 |
| 5:00 | | | | | | | | 5:00 |
| PM 6:00 | | YOGA PILATES | BREAK BEAT | | | | | PM 6:00 |
| 6:30 | | | | | | | | 6:30 |
| 7:00 | | | ABS DE ACERO | | | | | 7:00 |
| 7:30 | POWER TABATA | GAP | | | | | | 7:30 |
| 8:00 | BREAK BEAT | SEXY DANCE | BREAK BEAT LATINO | HI LOW | | | | 8:00 |
| 8:30 | | | | | | | | 8:30 |
| 9:00 | TOWELS | POWER TABATA | | | | | | 9:00 |
| 9:30 | | | | | | | | 9:30 |
| 10:00 | | | | | | | | 10:00 |
| 10:30 | | | | | | | | 10:30 |